IN OUR TENTH YEAR

SENIOR RESOURCE CENTER, INC.

NEWSLETTER -- MARCH 2018

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Game Afternoon Saturday, March 3 1:30-3:00 pm

The first afternoon game session held in February was a huge success, so everyone is invited to a repeat performance. This is a great way to make some new friends, give your brain some exercise and get you out of the house for a while. Bring a snack to share if you'd like. The coffee pot is always on.

F.E.M.A. Lecture and Update, Pot Luck Soup Social 11:00 am

Monday, March 12



Battalion Chief Tracy L. Freeman with the Virginia Beach Fire Department will be our speaker on Monday, March12,

for a special presentation on emergency readiness. Tracy serves as the Program Manager for Virginia Task Force 2 and is responsible for the day to day operations of the Task Force. He has been with the Fire Department for thirty years and has been a member of the Task Force for twenty-five years. This background alone will let you know that he is a speaker you won't want to miss, but to make it even better, Tracy grew up in Creeds and knows this area like the back of his hand. Just last fall, he served with the Task Force as they helped with water rescues in Houston, and shortly after they returned from Houston, they left for Puerto Rico to help with that rescue effort. His twenty-five years of experiences with natural and man-made disasters, coupled with his knowledge of our area, will make him the expert to tell us how we should prepare for that

storm that heads our way. Tracy's presentation will begin at 11:00 and will be followed by a soup social lunch. Please bring your favorite soup to share, or if you don't make soup, bring crackers or a dessert to share.

JOY

Lecture and Pot Luck Lunch Tuesday, March 20 9:30 a.m.

Our speaker will be Stephen Gunn, a reporter with the Virginian- Pilot. Come early for blood pressure check and be sure to bring a dish to share for lunch.

Creeds Ruritan Annual BBQ and Spring Craft Fair

Saturday, March 17 11:30 am-4:30 pm

The Creeds Ruritans will be hosting their annual BBQ and Spring Craft Fair at The Ralph Frost Activity Pavilion located at the Creeds



Ruritan Community Complex, 1057 Princess Anne Road.

Game Night Saturday, March 17 6:30-9:00 pm

Celebrate St. Patrick's Day by playing cards or other games with old and new friends. Bring snacks or sweet treats to share.

St Patrick's Day Friday 17th March